

# Cupcake Chase 5K Run/Walk Release Waiver

**ALL PARTICIPANTS MUST SIGN AND SUBMIT THIS WAIVER TO BE ELIGIBLE TO PARTICIPATE IN THE EVENT**

I hereby declare, assert and affirm that participating in the Cupcake Chase 5K Run/Walk is done having voluntarily and knowingly assumed ALL RISKS involved in the event. The immediate physical risks and hazards associated with normal and vigorous physical activity include, but are not limited to; physical discomfort, fatigue, muscular soreness, falls, pulled or strained muscles, overuse injuries, heat stress, and the rare respiratory system including heart arrhythmia, heart attack, stroke and/or sudden death. In consideration of acceptance of this contract allowing my participation in the above stated event and intending to be legally bound thereby, I hereby for myself, my heirs, executors, administrators, and assigns, WAIVE AND RELEASE any and all rights and claims for negligence, injuries, damages or losses that I may incur against all participating agencies involved in the above stated event, specifically; WV Cupcake Festival, Valley Park, Putnam County Parks and Recreation, the City of Hurricane and TriStateRacer, all charitable or non-profit organizations benefitting from the event, their respective employees, agents, representatives, volunteers, successors and assigns, for any and all activities connected with the above event.

Print Name \_\_\_\_\_ Date \_\_\_\_\_

Signature \_\_\_\_\_

Parent/Legal Guardian must sign if participant is under the age of 18

Parent/Legal Guardian Signature \_\_\_\_\_